



**Shropshire, Telford  
and Wrekin**  
Clinical Commissioning Group

# **Stoma Prescribing Guidelines and Formulary**

## **Introduction**

The aim of this document is to provide guidance regarding the issuing of prescriptions to stoma patients in order to ensure cost-effective stoma provision across Shropshire, Telford and Wrekin (STW).

PrescQIPP guidance states that:

"Our overall aim in prescribing stoma appliances is to provide the best products for each individual patient to avoid sore skin and prevent other problems developing with a stoma. Stoma patients will be supplied with products that are necessary and appropriate. National NHS guidance states that some products should not be routinely recommended: these include deodorants, skin washes, bag covers and underwear. These products will not be supplied unless agreed as being essential by your stoma nurse."

Source: PrescQIPP guidance on prescribing stoma appliances in General Practice.

## **Overall aims:**

1. Improve the community stoma care service by ensuring that each person is using appropriate products and not experiencing problems.
2. Reduce over-ordering and over-prescribing with a subsequent reduction of waste and cost savings.
3. Provide a source of reference and support to GPs, pharmacists, medicine management teams and administration staff regarding product choice and quantities.
4. Reduce confusion by improving the prescription management process with the use of a formulary to guide product selection.
5. Improve accuracy on digital record systems such as EPS.
6. Reduce hospital admissions by resolving issues in the community.
7. Reduce the number of GP appointments and home visits for stoma related issues.
8. Promote multi-disciplinary team working, resulting in a better patient experience.

## **Guidelines for GP Practices**

1. Use the formulary to assess whether patients are ordering appropriate products.
2. Ensure that a patient receives a stoma nurse review if they present with a stoma related problem or if they request an increased quantity of products.
3. Ensure that patients who use the Prescription Ordering Direct service (POD) order products from their practice; they can continue to receive their prescriptions from their Dispensing Appliance Contractor (DAC).
4. Retrospective prescribing is not supported.
5. Ensure the DAC is informed of product changes/reductions.

6. Only issue prescriptions if requested by the patient/carer and not by the DAC. Arrange a review if new products are requested.
7. If a patient requests identical products within 2 weeks of ordering a prescription refer to a stoma care nurse for a review.
8. Encourage patients to order monthly.
9. Pouch selection needs to address patient need; sometimes an off-formulary product is more suitable and cost-effective.

**The following are not routinely commissioned for patients with stomas:**

- Deodorisers as carbon filters within pouches are designed to mask odour.
- Skin cleansers as warm water cleanses peristomal skin effectively.
- Light support underwear as this is cosmetic and does not provide support for a hernia.
- Pouch covers. These are cosmetic and opaque pouches are available.
- Barrier cream. This can prevent pouches adhering to skin.
- Combinations of spray and wipes of the same product. Both not required as they perform the same task.

**The following are not routinely commissioned unless under the advice and direction of a stoma nurse:**

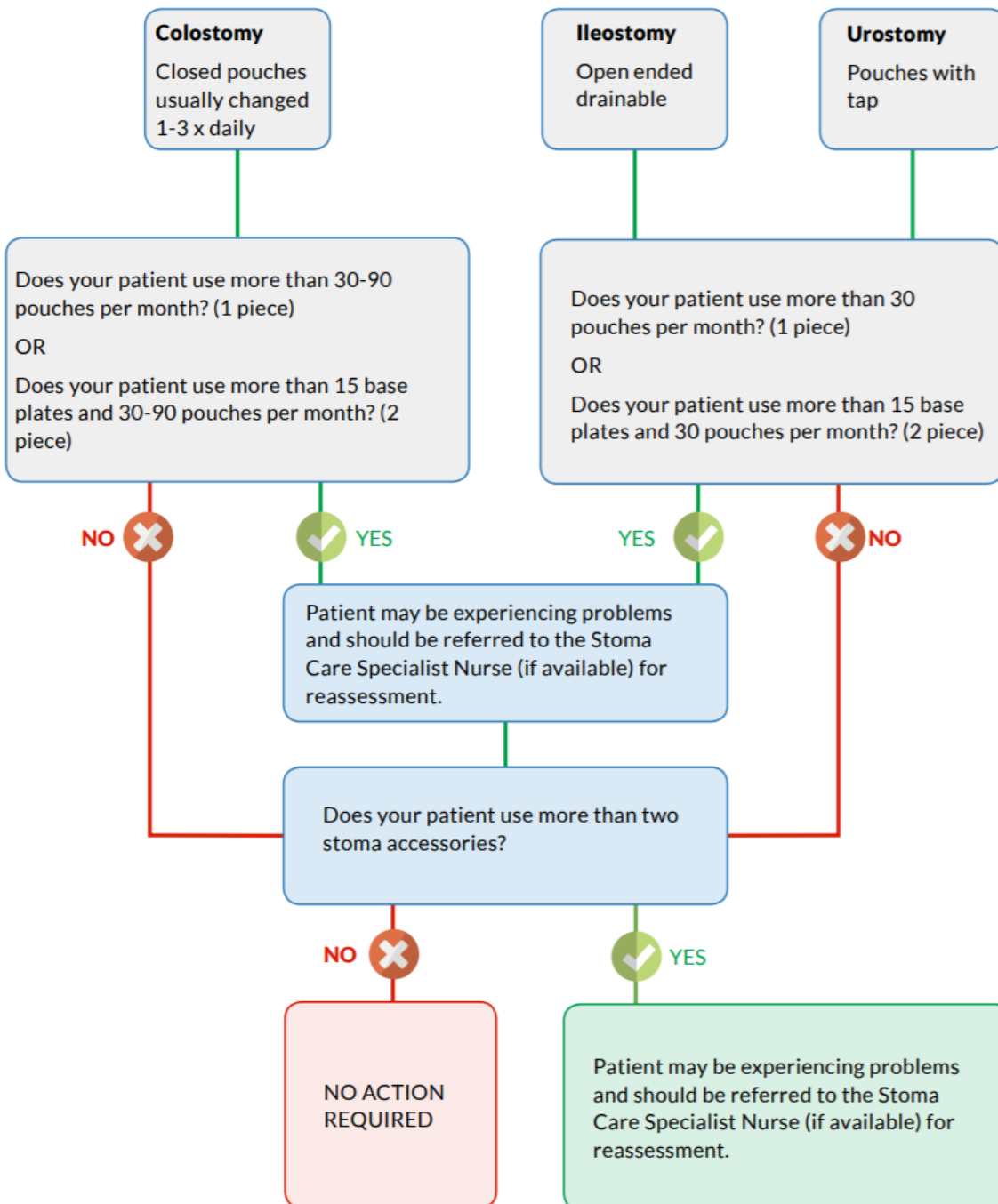
- Lubricating deodorants. Baby oil as a spray is a cost-effective alternative.
- Ring seals. May be beneficial but an alternative pouch might be more appropriate.
- Paste and powder. May have broken skin and should be reviewed by stoma nurse.

### Appropriate quantities and use for stoma items

Appliance	Quantity per Month	Prescription Directions	Normal Usage	Notes
Colostomy bags	30-90 bags	Remove and discard after use	1 – 3 per day	Not re-usable. Can be 1 or 2 piece
Ileostomy bags	10-30 bags	Drain as required. Use new bag every 1-3 days	1 every 1 to 3 days	Drainable. Can be 1 or 2 piece
Urostomy bags	20-30bags	Drain as required. Use new bag every 1-3 days	1 every 1 to 3 days	Drainable. Can be 1 or 2 piece. Require additional night bag
Night drainage bags	4 bags (1 box of 10 bags every 2-3 months)	Use a new bag every 7 days	1 per week	Drainable. Rinse as directed by stoma care nurse
Flange (for 2 piece system)	15 flanges	Change every 2-3 days	1 every 2 to 3 days	The flange is not changed at every bag change
Bag belts	3-6 per year	Usage may vary	Variable	Washable and re-useable

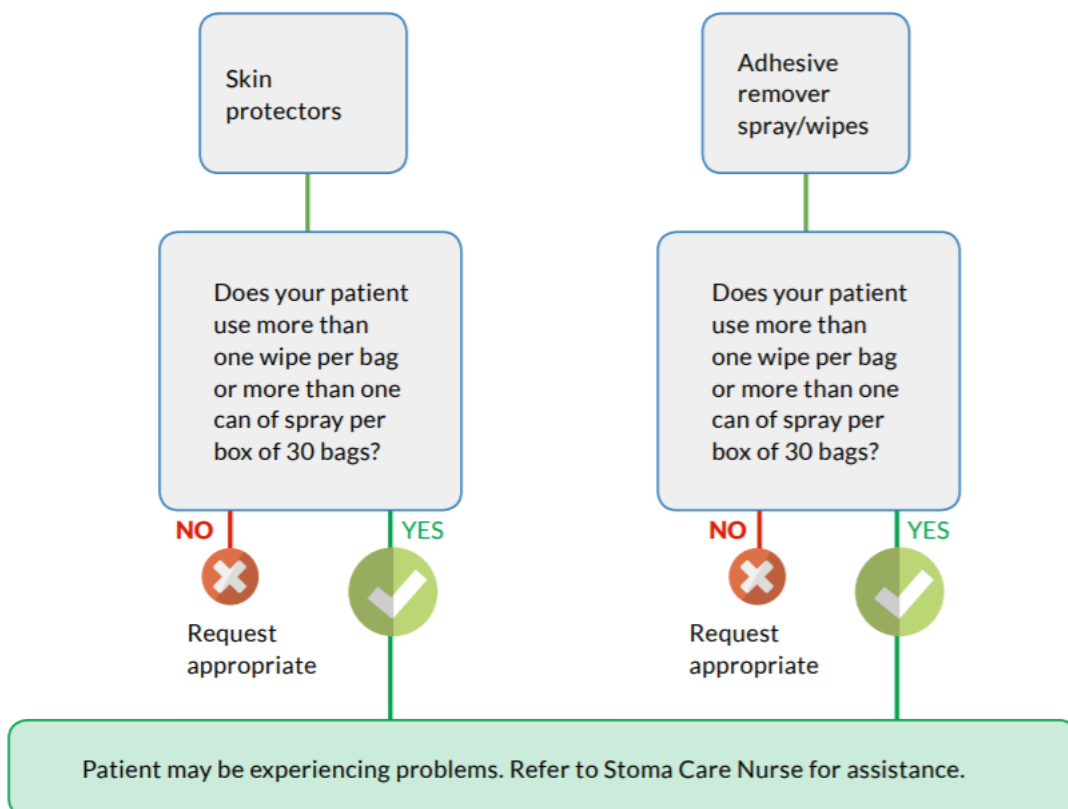
Source: Wiltshire Clinical Commissioning Group guidelines for the prescribing of Stoma Appliances – September 2016

### Overuse of stoma products flow chart



Source: PrescQIPP guidance on prescribing stoma appliances in General Practice.

### Overuse of stoma accessory products flow chart



Source: PrescQIPP guidance on prescribing stoma appliances in General Practice.

## Stoma Accessory Formulary

Manufacturer	Item	Code	Quantity/Comments
<b>Adhesive Remover Spray (50mls)</b>			
Opus Healthcare	Lift Plus 360	5506	1-2 cans per month (ileostomy/urostomy) Up to 3 cans per month (colostomy)
Dansac Ltd	EasiSpray	083-01	
Respond Healthcare	OstoPeel Apple Blackberry Mint	OPN50 OPA50 OPB50 OPM50	
Salts Healthcare	Adhesive Spray	WAP	
Rhodes Pharma Ltd	StoCare Remove	STC100	
<b>Adhesive Remover Wipes (30)</b>			
Peak Medical	Offmate	OM30	1 box per month (2 if colostomy)
Salts Healthcare	Wipes	WA1	
Respond Healthcare	OstoMart OstoPeel Blackberry No Sting	OPBW30	
Rhodes Pharma Ltd	StoCare Remove	STC200	
<b>Skin Protective Spray (50mls)</b>			
Medicareplus International	Medi Derma-S Non Sting	60819	For treatment of red, sore skin 1-2 per month. Refer to Stoma Nurse if use >3 months
CD Medical	Clinifilm	300719	
Pelican Healthcare	Pelican Protect Plus Non-Sting	130261	
Trio Healthcare	Elisse Sting Free	TR204	
Rhodes Pharma Ltd	StoCare Protect	STC150	
<b>Skin Protective Wipes (30)</b>			
Respond Healthcare	OstoMart/OstoGuard No-Sting Protective - dab on bottle	RMC4	1 wipe per day if skin red. Refer to Stoma Care Nurse if use >3 months
Salts Healthcare	Barrier Film Wipes	PPS1	
Medicare International	Medi Derma-S Non-Sting	60307	
CD Medical	Clinifilm	300718	
Rhodes Pharma Ltd	StoCare Protect	STC250	

Manufacturer	Item	Code	Quantity/Comments
<b>Solidifying Agents</b>			
ProsYs International	Independence Absorbent Strips	P200AS	1 or 2 strips after emptying if high output. Refer to GP/Stoma Care Nurse
Peak Medical	Gellymate Absorption Capsules	GD140	
Oakmed	Gel-X Capsules	Gel-X	
<b>Stoma Paste</b>			
ConvaTec	Orabase Paste	S103	Cavity wounds, absorb moisture, improve seal; refer to Stoma Care Nurse
ConvaTec	Stomahesive Paste	S105	
Dansac	Dansac Soft Paste	77550-0	
Salts Healthcare	Stoma Paste	SP60	
Salts Healthcare	No-Sting Paste	NSP1	
Hollister	Adapt Paste	79300	
<b>Stoma Powder</b>			
Coloplast	Brava Ostomy Powder	1907	Apply to broken skin. 1 every 1-3 months. Refer to Stoma Care Nurse
ConvaTec	Orahesive Powder	S106	
Respond Healthcare	Renew Protective Powder with aloe vera	ABP2	