|  |  |
| --- | --- |
| Copy | Graphic asset |
| Salamol inhalers work just as well as Ventolin but have smaller amounts of powerful greenhouse gases. By making this change, you’ll be helping us build a more sustainable NHS.    More information here <https://bit.ly/40vHRO3> |  |
| Ventolin inhalers are responsible for almost three times as much CO2 emissions when compared to Salamol inhalers. Making the switch can help the NHS become more sustainable.    Remember, you can recycle your used inhalers at your local pharmacy.    More here <https://bit.ly/40vHRO3> |  |
| Having more than six salbutamol inhalers prescribed in a year? This could be a sign of overreliance.    Take back control of your asthma by speaking to your GP or healthcare professional at your next review. |  |
| Staying in control of your Asthma is important.    If you find yourself needing your inhalers more than usual, bring it up with your GP or healthcare professional at your next review. |  |
| Keeping symptoms of Asthma under control is important.    If you’ve noticed that you’re relying on your inhaler more than usual, bring it up at your next review with your GP or healthcare professional. |  |