

New Children and Young People's Emotional Wellbeing and Mental Health Service in Shropshire, Telford and Wrekin

Starting April 1, 2026, there's going to be a new way to help children and young people in Shropshire, Telford and Wrekin when they're feeling worried, sad, or need extra support.

What's changing?

A group of health workers and helpers called MPFT are starting a new service. Lots of families, children and young people were first asked what would help children and young people the most, and they used those ideas to make this new service better.

If you're already getting help from BeeU, don't worry! Nothing will change for you, and you will continue to be supported.

Who can get help?

This service is for people from very young children and their families and carers all the way up to 25 years old. It helps with:

- Feelings like being sad, worried, or scared
- Questions about autism (for children and young people 5-18 years old)
- Questions about ADHD, which makes it hard to pay attention (for kids 6-18 years old)
- Eating problems (for children and young people up to 18 years old)

To get help, children and young people will be able to visit our new website when the new service launches on April 1, attend drop-in meetings or groups; book 1-1 support at school or get specific support online; or when really struggling, speak with health workers who know exactly how to help. In an emergency, always speak to someone right away for help.

If you need help now you can call BeeU on 0300 124 0093 or visit their website - [BeeU \(mpft.nhs.uk\)](https://mpft.nhs.uk)

What makes this service special?

- You come first – the health workers listen to what YOU need and want
- Getting help is simpler and faster
- Getting support early, before small problems become big ones
- Making sure every child can get help, no matter who they are
- Shorter wait times to see someone
- All your helpers talk to each other, so you don't have to tell your story over and over
- Support continues as you get older, even up to age 25
- You can talk to someone online, in person, or they can come to you. If you do not speak English, we can arrange for you to speak to someone.
- With clear information you'll always know what's happening next

- If you need help again later, it's easy to get it – all you will need to do is speak to your school, GP or health worker and they will contact the service for you

By 2030, there will be mental health helpers in every school in the area!

Remember: This new service is all about making sure every child gets the help they need, when they need it, in a way that works best for them.