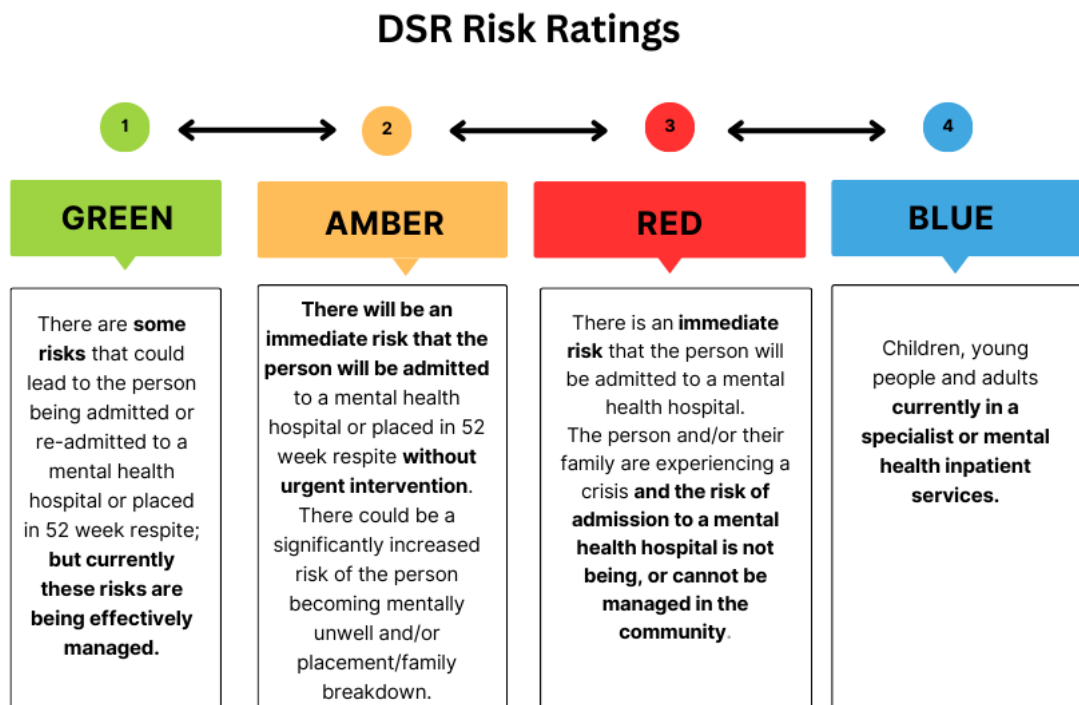


Dynamic Support Register (DSR)

Risk Rating Guidance

NHS England's guidance on DSR Risk stratification was published in the *Dynamic Support Register and Care (Education) and Treatment Review Policy and Guidance (2023)*.

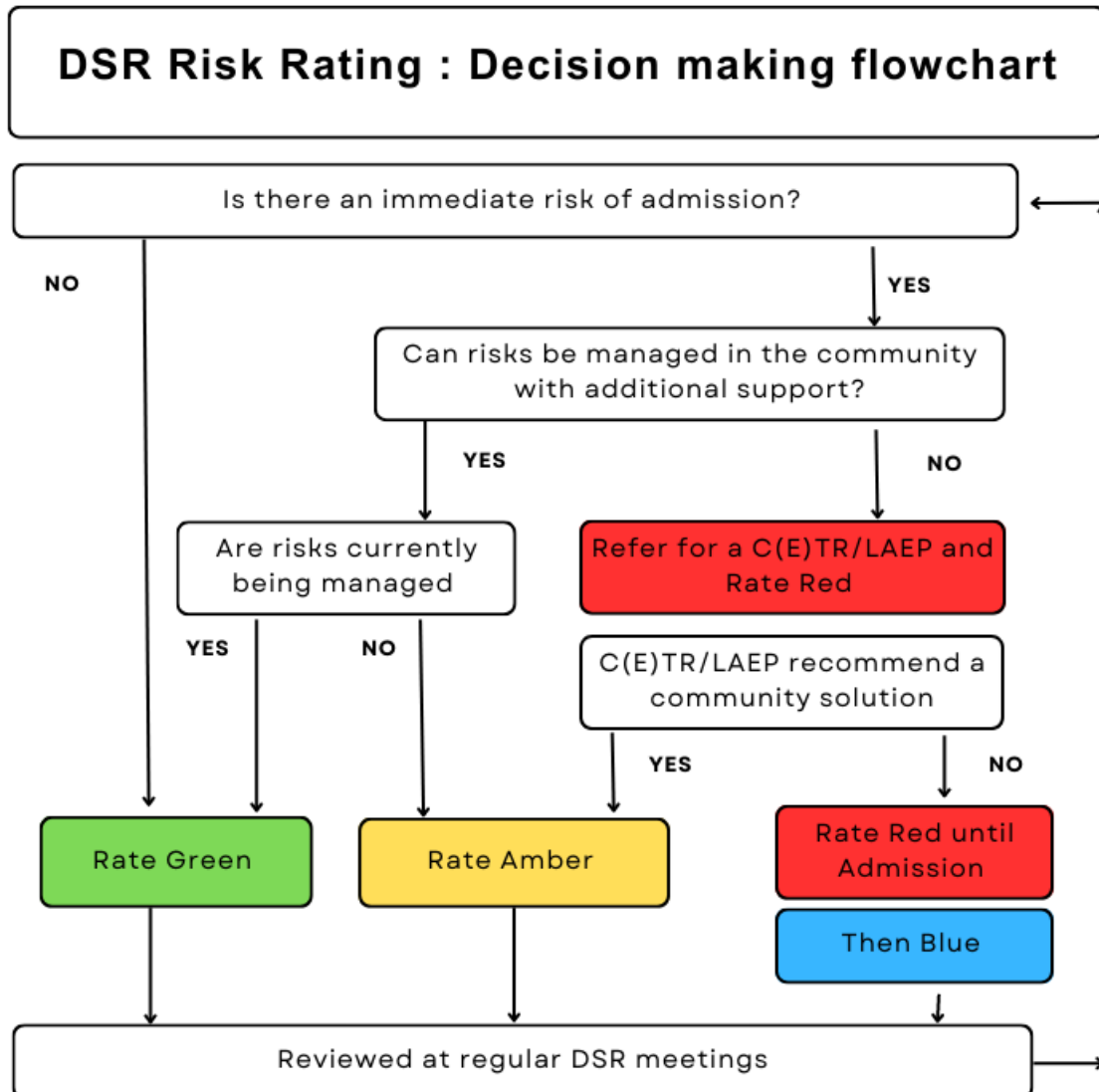
The following image shows the four descriptions for DSR risk (RAG) ratings:



This document sets out how decisions about levels of risk are made and provides guidance for each risk rating.

Abbreviations used in this document:

- DSR – Dynamic Support Register
- TCP- Transforming Care Programme (the NHS programme that works to improve the lives people with a learning disability and/or who are autistic, who have mental health conditions and/or behaviours of concern).
- C(E)TRs – Care Education and Treatment Reviews (a type of multi-agency meeting)
- LEAPs - Local Area Emergency Protocol meetings (an emergency multi-agency meeting)
- NHSE – NHS England
- MDT – multi agency team meeting



Risk rating guidance:

The following guidance is to help referrers and DSR panel members assess and rate the risk of admission accurately and in line with NHS England's guidance on DSR Risk stratification.

Quick link - [DSR & C\(E\)TR policy and guidance](#)

It is designed to be intuitive and self-explanatory; it is to be used solely in the context of the DSR and specifically in relation to an individual's risk of admission to a Mental Health or Specialist Hospital.

Please note: the lack of a community solution or a placement breakdown is not in itself an appropriate reason for hospital admission. Generally, in such circumstances an Amber rating would be appropriate.

Blue rated on the DSR

The NHSE guidance identifies a Blue rating as:

“Children, young people and adults currently in inpatient services”

Individuals who are currently in-patients in Mental Health or Specialist Hospitals will require commissioner oversight and inpatient C(E)TRs. These functions will be provided and actively case managed by the TCP, updates will be provided at the DSR meetings.

Red rated on the DSR

The NHSE guidance is very clear on what constitutes a Red rating:

“There is an immediate risk that the person will be admitted to a mental health hospital” and the risks of admission “are not being or cannot be managed in the community”.

A Red rating will be appropriate when the DSR meeting feels they have provided all available additional support within current resources to maintain an individual’s safety in the community and agree that a Hospital admission is indicated.

Important, please note – *The NHSE policy and guidance is clear that informed consent must be gained, or a best interest decision made for an individual to be included on the DSR. Where MDT decisions in relation to changes in DSR rating are referenced below, the MDT must attempt to involve and include the individual and family (where appropriate) in these decisions.*

In crisis situations, professionals should continue to follow their existing emergency processes to maintain a person’s safety, e.g. request a LAEP meeting (via the TCP), request a Mental Health Act Assessment, contact emergency services etc...

Professionals should refer to or update the DSR following these emergency processes at their earliest opportunity.

A Red rating on the DSR will therefore include individuals:

- awaiting a C(E)TR
- who have had a C(E)TR and are awaiting admission to Mental Health or Specialist Hospital
- recently discharged from a Mental Health or Specialist Hospital

The DSR will continue to monitor progress at monthly meetings.

- If at the C(E)TR a recommendation for a community solution is made, the rating on the DSR will need to change to Amber.
- For individuals discharged from a Mental Health or Specialist Hospital, the DSR meeting will decide when the Red rating can change to Amber or Green.

Amber rated on the DSR

The NHSE guidance is also clear in regard to an Amber rating;

“There will be an immediate risk that the person will be admitted to a mental health hospital without urgent intervention”.

Amber ratings are a very high priority in terms of providing the right support at the right time to avoid an inappropriate admission to Mental Health or Specialist Hospital.

Amber rating will also apply where there is high risk of family breakdown leading to a 52-week respite/residential placement.

As there is an immediate risk of admission, Amber rated cases will be discussed regularly at DSR meetings, while urgent multi agency interventions are managing presenting risks.

Person centred MDT meetings will be crucial in supporting individuals rated Amber, if there are challenges in convening a meeting, such as gaining multi agency involvement, the TCP team can arrange an enhanced MDT.

If identified risks are not being effectively managed, the DSR meeting can request a C(E)TR and change the rating on the DSR to Red, reflecting the increasing concern.

When the DSR meeting feels that current risks are being effectively managed in the community the rating can be changed to Green.

Green rated on the DSR

The NHSE guidance indicates that a Green rating is where:

“There are some risks that could lead to the person being admitted or readmitted to a mental health hospital; but currently these risks are being effectively managed”.

Green rating will also apply:

- where there are some risks of family breakdown leading to a 52-week respite/residential placement.
- to all children or adults who are placed out of area.

The DSR will more actively follow the progress of Green rated cases, relevant discussions at meetings will be brief and contained to a quick overview of the current risks, including:

- Should the rating be changed to Amber, due to increasing risk?
- Do any long standing Green rated cases remain appropriate to be included on the DSR?

Any decision on a change in rating remains with the DSR meeting.

Adapted from Staffordshire and Stoke-on-Trent’s ICS’s “DSR Rating Tool document” which was coproduced with their TCP and Keyworking teams.

Shropshire Telford and Wrekin ICB have commissioned Midlands and Lancashire Commissioning Support Unit (MLSCU) to manage the DSR.

For further information please contact mlscu.tcpshropshire@nhs.net or 01782 872500

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