

Support for people with a learning disability and autistic people –

My Care and Treatment Review meeting (CTR)

A CTR is a special meeting which makes sure your care is going well and looks at how it could go better.



- The full name for a CTR is a Care and Treatment Review meeting.
- If you go to school or college, it is called a CETR which stands for a Care, Education and Treatment Review.



- You may be asked if you would like a CTR meeting.
- If you say yes, it means you give your consent to the meeting.



- A CTR is a long meeting, it can take most of a day.
- You are the most important person in your CTR, so it is good for you to be there and to say what you think.
- You don't have to attend all the way through, you can join for part of it and leave when you want.
- If you don't want to be there that's ok too.

You can tell a support worker or family member what you'd like to say.

The other people who will be at the CTR are:



- The professionals who know and support you.
- A chairperson from the TCP team.
- An independent professional
- An expert by experience, who is someone else with a learning disability or an autistic person.
- You can invite your parents, an advocate or someone important to you.



What happens after the CTR?

- You should get a report from the chairperson within 2 weeks.
- It should be written in words you understand.
- It will say what needs to happen to make your care better.



If you have any questions about your CTR talk to your social worker, mental health worker or keyworker, or you can contact the TCP team.

Email:

mlscu.tcpshropshire@nhs.net

Phone: 01782 872500

Address: Ground Floor, Clark House, Hulley Road, Macclesfield, Cheshire. SK10 2LU

More information is on the website:

[The Dynamic Support Register \(DSR\) - NHS](#)

[Shropshire, Telford and Wrekin](#)

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