

Just in Case Pack Brief Guide for GPs

- GP or Specialist Nurse identifies a person who is suitable to receive a Just in Case pack (this will usually be within the 2-3 months before end of life).
- GP or Specialist Nurse discusses and explains the purpose and use of the Just in Case pack with the patient/family/carer (as appropriate) and gains patient consent to supply the pack.
- GP issues the prescriptions for a Just in Case pack together with the appropriate End of Life Authorisation to Administer Forms and a Patient Information Leaflet. These are generated automatically on EMIS and the JIC prescription is detailed below.
- GP registers patient with the Out of Hours Service and advises them that a prescription for a Just in Case pack has been supplied.

Items in JIC prescription

Sympton	Just in Case Pack Contents
Pain	5 x Morphine Sulphate 10mg/ml 1ml amps
Nausea/Vomiting	5 x Levomepromazine 25mg/ml 1ml amps
Respiratory	5 x Hyoscine Butylbromide 20mg/ml 1ml amps
Anxiety/Restlessness	5 x Midazolam 10mg/2ml 2ml amps
Other	5 x Sodium Chloride Injection BP 0.9% w/v 10ml amps

- If it is likely that a Just in Case pack will be required within the following week: the End of Life Authorisation to Administer Forms should be completed and signed by either the patients GP or another appropriate Medical Practitioner. **NB** Multiple dosages of the same medication should NOT be selected.
- All doses prescribed and administered should be recorded in the patient's community notes.
- The person administering the medication should advise the patient's GP that the pack has been opened and used and arrange for prescriptions for any further medication required. This should be in the form of individual items not further JIC packs.
- NOTE: If prescribing Morphine for breakthrough pain, the as required dose should be equivalent to one tenth to one sixth of the 24-hour subcutaneous infusion dose. For opioid naïve patients a dose of 2.5mg of Morphine sub-cut would be appropriate in most cases.

**further information may be found on Hospice website and NHS
Shropshire, Telford and Wrekin Website:
<https://www.shropshiretelfordandwrekin.nhs.uk/>
Or contact the Palliative Care Team at the Severn Hospice**