

Cancer Information and Support App

What is it and who is it for?

- A free to download resource for anybody affected by cancer and those who support people living with and beyond cancer
- A resource for professionals to support those affected by cancer

What information does it contain?

- About the hospitals, the treatments you may have and the teams you may meet
- Services that may benefit you
- Living With & Beyond Cancer Programme; empowering people throughout treatment and beyond
- Signposting to other services or organisations that may be able to offer you support
- An Events calendar keeping you up-to-date on what is happening near you
- Constant up-to-date information from other organisations and services
- What is happening near you in the community
- Good news articles, keeping you up-to-date what is happening for people affected by cancer throughout Shropshire, Telford & Wrekin and Powys
- A contact directory where you can contact teams directly through a click of a button

For more information or to suggest content for the app:

Please contact the Personalised Care Team on:

01743 492424 or email: sath.lwbc@nhs.net

Download the MyHealthBoost App now!

Available on Android and Apple app stores

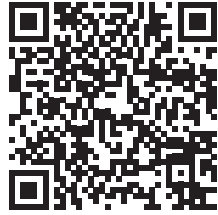


How to download:

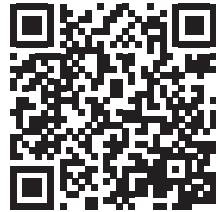
1 Either click on the relevant link below (digital version) or scan the QR code (print version) to access the Google Play or Apple App Store to download the app:



https://play.google.com/store/apps/details?id=uk.co.piota.myhealthboost&hl=en_GB



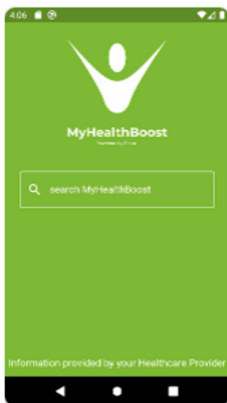
<https://apps.apple.com/app/myhealthboost/id1607073896?mt=8>



2 Install the app: MyHealthBoost



3 Open app, search for **SaTH Cancer Services:**



4 You should be taken to the SaTH App which looks like this:

