

# ReSPECT

Recommended Summary Plan for  
Emergency Care and Treatment

## What should happen to you in an emergency?

### What is ReSPECT?

ReSPECT is a process where you and your healthcare team talk together and work out a personalised plan for potential future emergency treatment.



### Who is ReSPECT for?

The ReSPECT form can record preferences and recommendations for emergency situations, whatever stage of life you are at.

For further information on ReSPECT please visit:  
[www.respectprocess.org.uk](http://www.respectprocess.org.uk)  
or contact a member of your healthcare team.