

Just in Case Pack Brief Guide for GPs

- GP or Specialist Nurse identifies a person who is suitable to receive a Just in Case pack (this will usually be within the 2-3 months before end of life).
- GP or Specialist Nurse discusses and explains the purpose and use of the Just in Case pack with the patient/family/carers (as appropriate) and gains patient consent to supply the pack.
- GP issues the prescriptions for a Just in Case pack together with the appropriate End of Life Authorisation to Administer Forms and a Patient Information Leaflet. These are generated automatically on Emis and the prescription items are detailed below.
- GP registers patient with the Out of Hours Service and advises them that a prescription for a Just in Case pack has been supplied.

Items on Just in Case Prescription

Symptom	Just in Case Pack Contents
Pain	10 x Morphine Sulphate 10mg/ml amps
Nausea/Vomiting	10 x Levomepromazine 25mg/ml amps
Respiratory	10 x Hyoscine Butylbromide 20mg/ml amps
Anxiety/Restlessness	10 x Midazolam 10mg/2ml amps
Other	5 x Water for Injection BP 10ml amps

- If it is likely that a Just in Case pack will be required within the following week: the End of Life Authorisation to Administer Forms should be completed and signed by either, the patient's GP or another appropriate Medical Practitioner. **NB** Multiple dosages of the same medication should NOT be selected.
- All doses prescribed and administered should be recorded in the patient's community notes.
- The person administering the medication should advise the patient's GP that the pack has been opened and used and arrange for prescriptions for any further medication required. This should be in the form of individual items not further JIC packs.
- NOTE: If prescribing Morphine for breakthrough pain, the as required dose should be equivalent to one tenth to one sixth of the 24 hour subcutaneous infusion dose. For opioid naïve patients a dose of 2.5mg of Morphine sub-cut would be appropriate in most cases.

Symptom control guides, patient information leaflet and further information may be found on the Shropshire, Telford and Wrekin CCG Website:

<https://www.shropshiretelfordandwrekinccg.nhs.uk/>

Or contact the Palliative Care Team